

Self-study involves studying without teacher supervision or attendance in a classroom and is a valuable way to learn. Self-study is quickly growing in popularity among parents and students. By carrying out self-study at home research has shown that it can improve understanding and confidence in a subject you study. Self-study can also be used to master a new skill or learn an entirely new concept – like a language or an instrument. The benefits you can gain from self-study are endless and are completely determined by your goals.

For self-study to be effective, try to make sure you have the following:

Find a quiet space



Laptop or computer



Pens & highlighters to take & make notes



Wide desk or table



A place to store your books & folders



Have clear goals track your progress and identify areas for improvement



Switch your social media off.



Natural light



Self-study top tips for parents & carers:

Have a conversation with your child about what is being learned at school, and what topics your child is interested in. This will encourage your child to strive to learn more, so they can keep teaching you what they know. Additionally, the practice of teaching is known as one of the top ways to work towards grasping a concept!

Read books and articles on a topic of study, or interest. Encouraging your child to read is a highly effective way to increase understanding of new concepts. Take a trip to the library together or invest in some classics on a topic to provide the best reading materials suited for your child to self-study.

Watch educational documentaries to keep your child actively engaged in a concept. There are many documentaries & news programmes that are intended for teaching young people new skills, or educational shows aimed at complementing what students learn in school. Whether your child is trying to learn another language, or figuring out how to conduct a science experiment, they can greatly benefit from the audio and visual support of an education based tv programme.

Educational games are a child and parent favourite when it comes to ways to study at home. There are many apps that you can access through your phone that promote learning in Maths, English, and a variety of other courses. Or put the phone down and get hold of board games and card games that promote strategy and logic. Encourage your child to associate learning with fun.

Work through practice questions to reinforce skills that are learned at school while studying at home. Help hold your child's attention while working through the practice questions by incorporating games, rewards, and challenges. This will help them view the material in a new way and reinforce what is learned in the classroom.

