

**Childwall Sports & Science Academy** 

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Headteacher: Ms J Vincent

www.childwallssa.org

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Dear Parent/Carer,

I hope this correspondence finds you well and that you and your families are healthy and happy. I would like to thank you for your support this term so far. Below is an update and some important information regarding our Relationships and Sex Education.

As a part of your child's education at Childwall Sports and Science Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next couple of months, students in Years 7-11 will be taking part in some lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

RSE lessons will include teaching about healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; contraception and health; developing self-esteem and confidence. Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <a href="https://www.childwallssa.org/school-life/personaldevelopment">https://www.childwallssa.org/school-life/personaldevelopment</a> for more detail about our PSHE curriculum.

All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

Yours sincerely,

Mr P Ward Assistant Headteacher

