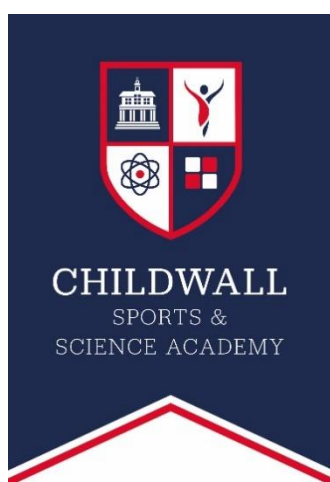


# Transition Booklet



Let us start with some advice from people in your position last year...

Focus on yourself  
and being you.  
Good friendships  
will happen  
naturally.

Never be afraid to  
ask for help or talk to  
somebody new at  
Secondary School.

Secondary school  
is not as scary as  
it feels before  
you begin.

Make sure you  
have fun!

Try your best to do  
your homework as  
early as possible to  
allow you time to ask  
for help if needed.

Always be honest  
with yourself.

Aspire, succeed  
and be excellent!

Develop new  
interests by joining  
a club. Try  
something new.

In your first few  
days, try starting  
conversations with  
others you haven't  
met yet.

# Welcome

## to Childwall Sports and Science Academy

It is certain to say that we have all experienced something very strange this year! COVID-19 caused your final year of Primary School to end abruptly, but then restart for some. It has made you miss out on your Transition Day, Year 6 Trips, and many other fun things – particularly the SATs...

Starting at Secondary School may seem scary one minute, but fantastic the next. You may have waves of excitement, quickly followed by nerves. This is completely normal and will be very common for everybody moving to Secondary School this year.

At Childwall Sports and Science Academy, we want you to use this Transition Booklet as a tool to look back but also to move forward and begin that step up into Secondary School. We want you to get to know how we do things here at Childwall and for you to share what makes you, you.

On your first day you will hand in your completed “All about me booklet” to your Registration Tutor as you spend some time getting to know them and the other pupils in your Registration Group. Please complete the next couple of pages to supplement your separate all about me booklet.

Every time you complete a task, please email your completed work to [admin@childwallssa.org](mailto:admin@childwallssa.org). We will feature the very best work on our Twitter feed (@Childwall\_acad) which you can follow on Twitter or on the transition page of our school website.

### Contents:

- 01 About Me
- 02 Getting Started
- 03 Feelings
- 04 Looking Forward
- 05 My New School
- 06 Getting Organised
- 07 Setting Goals
- 08 Inside Information



## 01 All About Me

Name:

My primary school:

My family:

My Greatest achievement:

What I want my future to look like:

Something my friends say about me:

The best place I've ever visited:

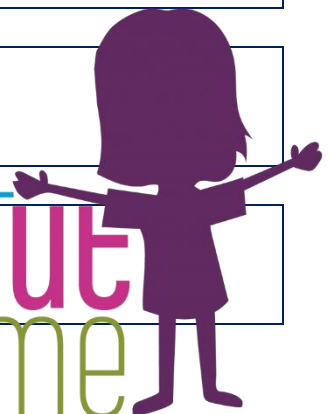
If I could have a super-power, it would be:

My favourite book is:

If I could travel back in time I would go to:

One day I want to travel to:

ALL  
ABOUT  
me



## 02 Getting Started

Start looking to the future by looking back. We would like you to a letter to a member of staff at your Primary School (Year 6 Teacher, the Headteacher, a Teaching Assistant) using the structure below.



After you have planned your letter using the structure, why not write it and send it to your old Primary School?

Your Address

Their Name:

Their Address:

Dear:

Tell them why you are writing:

Your best memory from Primary School:

What you are looking forward to about Secondary School:

Bring the letter to a close:

Give Regards:

Your Signature:

**Transitioning from Year 6 to Year 7**

Name:

What does the word 'transition' mean to you?

What other words come to mind when you think about transitioning to Secondary School?

Make an acrostic poem below:

**T**  
**R**  
**A**  
**N**  
**S**  
**I**  
**T**  
**I**  
**O**  
**N**

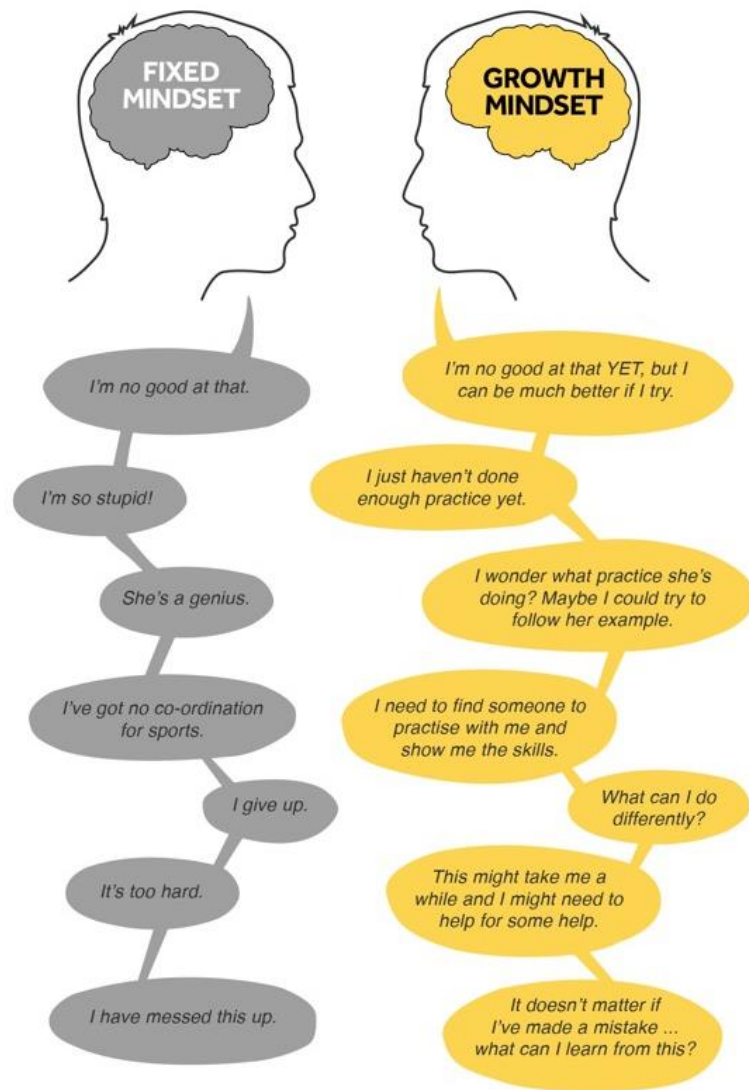
## 03 Feelings

When moving to Secondary School it is completely normal to be feeling a mixture of emotions. We've added some of the feelings you may be feeling below. Give each of the feelings a different colour. (Coloured pen or pencil will do)

Excited	Happy	Worried
Nervous	Other	Sad

Now that you've selected your colours, colour in each of the boxes below to show how you are feeling about that element of moving to Secondary School. Have a conversation with an adult at home or a friend about how you are feeling about each of these things.

Making new friends	Learning my timetable	Finding my way around
Learning new subjects	Meeting new teachers	Getting to school
Being on time	Homework	Exams
Break and Lunch times	Being the youngest year group again	School work
PE	Remembering my equipment	New uniform
Expectations	My future	Social media



Identify three things you 'can't do' or are worried about and write them here:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Now change these to be written with a growth mindset approach. For example: 'I can't do maths' turns into 'I am going to work on the things in maths I find difficult'.

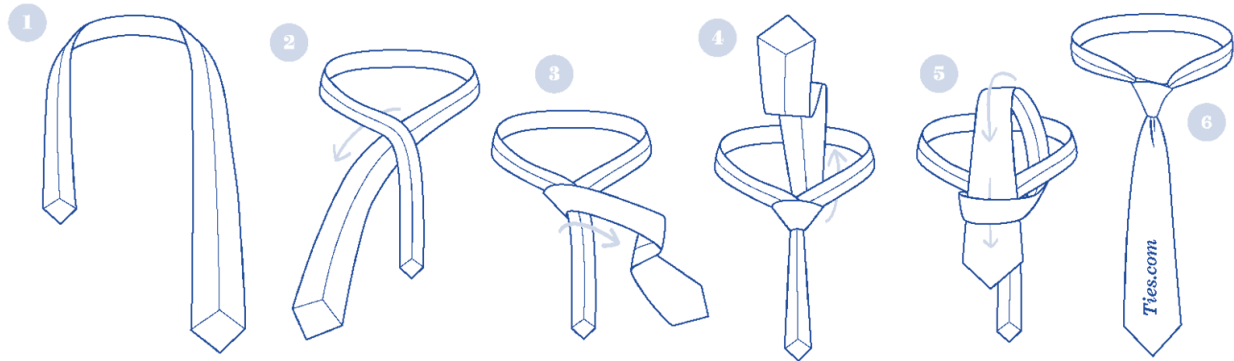
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



## 04 Looking Forward

You will have a new school uniform when you join us, and for some of you this will be the first time wearing a school tie.

Why don't you try with a tie you have in the house?



Getting to us safely is just as important as being here. Use the box below to draw a map and show your route to school, whether that is walking, cycling or taking the bus. Identify any spots that could be hazardous. How long do you estimate it will take you to get to us each morning? Please ensure you have a practice before you start.

### **Thinking Long-Term**

It is never too early to think about your career, your best qualities and new things you would like to learn. At Childwall Sport and Science Academy, we like to focus on careers throughout all of your time with us. Over the summer we would like to you make a start by completing two tasks:

**Task 1:** Complete the ‘what are my qualities’ table. Each box states a quality. Tick the box if you think you have this quality, and then explain using an example, how you have demonstrated this quality. This is important as it can help you to identify your strengths and qualities you need to develop going into year 7.

## **What Are My Qualities?**

1. Complete the table, highlighting your qualities.

	Quality	Do I have this quality?	How do I show this quality in everyday life?
1	Cheerful		
2	Helpful		
3	Conscientious		
4	Determined		
5	Adaptable		
6	Honest		
7	Punctual		
8	Resilient		
9	Generous		
10	Kind		
11			
12			
13			
14			
15			

Extension: Add five more of your qualities to the list.

Which qualities would you like to develop, and how might you do this?

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**Task 2:** Now that you have an understanding of your best qualities, your task is to choose a business or job you think you would be best suited to. Once you choose a job or business you are best suited to, explain why you have chosen that role in the space below.

The job/career I think I am well suited to is \_\_\_\_\_. I think I would suit this role because \_\_\_\_\_

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Now that you have chosen a career you think you are well suited to, you need to think about a career action plan. Answer the following questions to help you think about what steps you need to take in year 7 and beyond:

What activities can you do outside of school that will help you to achieve this career (sports captain, cadets, scouts etc)?

What qualities will you need to show? What difficulties or challenges may you encounter?

## 05 My New School

We have sent you the Student Induction Handbook which explains all of our school routines and expectations. Use the handbook, our school website and other research to fill out and answer the following:

1. **Who is the Headteacher?**
2. **What colour is the Childwall blazer?**
3. **Who will be my Head of Year?**

We think we have done a good job at building a great school, but we want you to try and do even better. Fill each of the boxes below to show us what an amazing school is to you.

Start with the subjects. Which subjects should have the most amount of time on the timetable?

Learning also happens outside of the classroom. What clubs and activities should there be?

Every school needs rules. In this box write out the five rules for pupils to follow.

Now think about the teachers. What five things should teachers do every lesson?

What should a classroom look like? Make sure you label everything so it is clear.

What should be on the menu? Which snacks should be available at break time and which meals should be on offer at lunch?

You need a good school motto, something catchy but with meaning. What will yours be?

## 06 Getting Organised

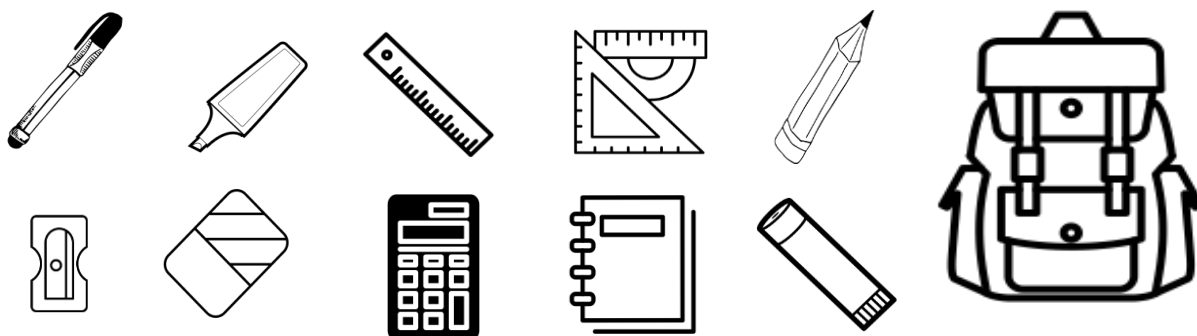
Work backwards to plan your morning routine to make sure you get to school on time. What time will you do each of the morning tasks?

Time	Task
08:40	Registration Starts
	Arrive at School
	Leave the House
	Check School Bag
	Brush Teeth
	Eat Breakfast
	Get Dressed
	Have a Wash
	Wake Up

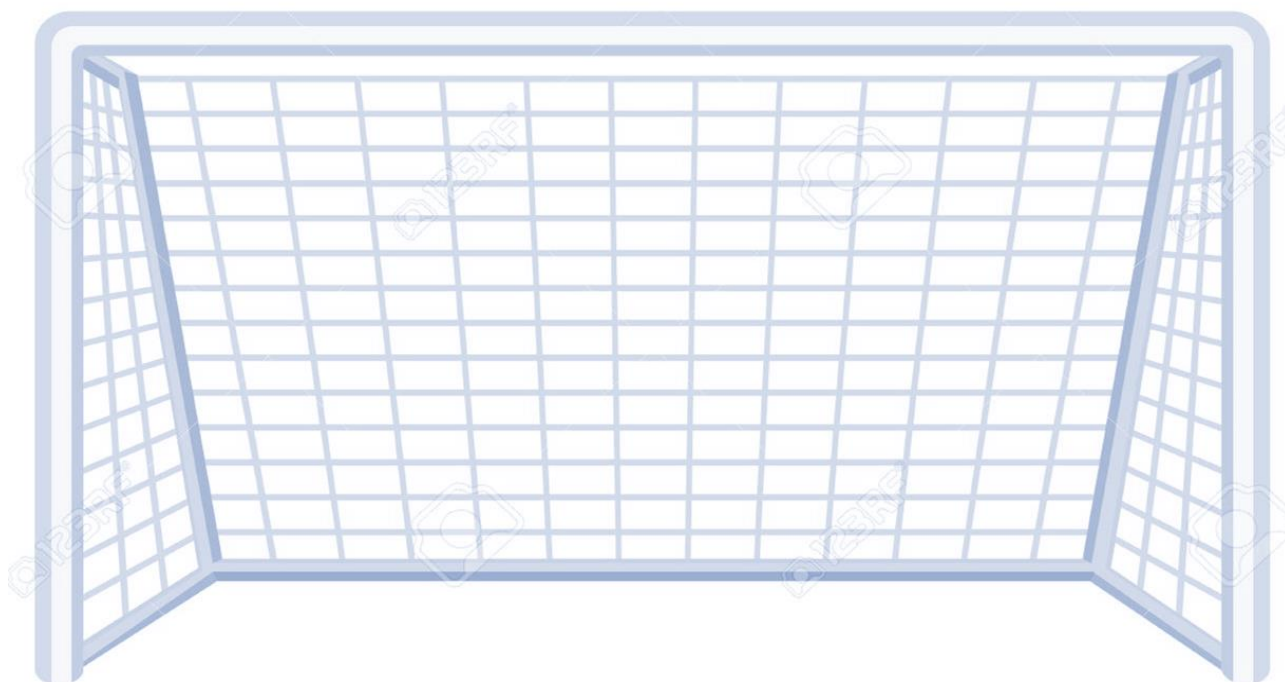
Shade in the different questions that you need to know the answers to about your journey to school. You will need to know the answers before September:



**Equipment checklist:**



## 07 Setting Goals



Secondary School is a great time to think about what you have achieved so far but also where you want to get to. Fill the net with your goals. We have listed some here.

Be in a school play or production	Speak another language	Represent your school in a local or national competition
Learn to play a musical instrument	Volunteer in the local community	Make really good friends
Play for a school team	Learn how to survive in the wild	Take part in a fancy dress day
Learn how to manage money	Taste food from another country	Become Head Boy or Girl
Cook a new meal from scratch	Read new books	Improve your singing
Create a piece of art	Raise money for charity	Try camping
Learn how to read a map	Join an after school club	Work as part of a team
Use computers to create your own website	Make new friends from other schools	Take part in inter-house competition

## 08 Inside Information

You will find out who your form tutor is on your first day. Your form tutor will be your first point of contact every morning and they are responsible for:

- Providing you with support and guidance
- Celebrating success
- Meets with you daily for twenty minutes
- Sharing key information with you
- Communicates with guardians about anything positive
- Check equipment and uniform
- Delivers PSHE
- Most importantly they ensure that you are safe!

### Mobile Phones

Mobile phones are banned in Childwall however, we appreciate that some of you may need a phone for travelling to and from school. Therefore, when arriving at school you must turn your mobile phone off and put it away. It is important that you understand your phone is your responsibility so you must keep it safe. If you need to contact home at any point during the school day we have a Student Services Reception and Main Reception with staff present at all times.

**Note: We do not have lockers at Childwall SSA.**

### Social media - 13 years of age

Nearly all social media services require users to be at least 13 years of age to access and use their services. This includes Facebook, Snapchat, Twitter, Instagram and Skype. As a school we ban phones to ensure that cyber-bullying does not take place whilst you are in our care, cyber-bullying taking place outside of school will be reported to the police. Guardians we really require your support in ensuring your child's phone is monitored regularly.

### Further transition information:

Have you watched our virtual tour? You will find this on our school website under the 'School Information/Transition Information' tab.

I look forward to seeing you all in the very near future. Please email any work to:

[J.Backhouse@childwallssa.org](mailto:J.Backhouse@childwallssa.org)